Survival Essentials Checklist

SurvivalTopics.com
15 Essentials
http://www.survivaltopics.com/survival/15-essentials

Use this list as a basic guide - your needs may vary according to the environments you are likely to find yourself in and your personal needs and preferences.

Medical

- ☐ **First Aid Kit**
- ☐ **Medications**

Shelter

- ☐ **Rain Gear**
- ☐ **Tarp, Bivy bag, Space Blanket, etc**
- ☐ **Large Plastic Bags**
- ☐ **Parachute Cord**

Communication

- ☐ **Whistle**
- ☐ **Signal Mirror**
- ☐ **Cell Phone**
- ☐ **Pencil and Paper**
- ☐ **Safety Plan**

Navigation

- ☐ **Map**
- ☐ **Compass**
- ☐ **GPS**
- ☐ **Flashlight or Headlamp**

Nutrition

- ☐ **Extra Food**
- ☐ **Hot Beverage Mix**
- ☐ **Fishing Kit**
- ☐ **Wire for Snares**

Insulation

- ☐ **Jacket**
- ☐ **Warm Hat**
- ☐ **Gloves**
- ☐ **Proper Footware**
- ☐ **Extra Clothing**
- ☐ **Closed Cell Foam Pad**

Tools

- ☐ **Knife**
- ☐ **Multi-Purpose Tool**
- ☐ **Repair Kit**
- ☐ **Wristwatch**

Fire

- [ ] Matches
- [ ] Lighter
- [ ] Metal Match
- [ ] Candles
- [ ] Metal Cup

Hydration

- [ ] Water Container
- [ ] Water Purification Method

Protection

- [ ] Sun Glasses
- [ ] Sunscreen
- [ ] Wide Brimmed Hat
- [ ] Insect Repellent

Intangibles

- [ ] Survival Knowledge
- [ ] Survival Experience
- [ ] Survivor Attitude

Firearms & Weapons

a. **Obtaining firearms legally from the Internet**
b. **Legal Use**

VI. Medicine

a. **Legal procurement**
b. **What to buy**

VII. Common Myths

a. **The Govt will save you!**
b. **The trucks will keep rolling**

VIII. Long term survival

IX. Answer to the Vegas Survival Scenario (10 Minutes that will change your life)

- **Find out if you will live or die!**

X. Questions